



**Lifeguard I Certification Requirements**  
**Division of Environmental Health & Protection (502) 574 - 6650**  
Permit issued by the Division is valid for one (1) year

*Persons 16 years old with no physical or mental limitations may become certified as Lifeguards in the Louisville Metro community.*

**What you need to do to obtain your Lifeguard I permit**  
**Successfully complete the following 4 courses:**

1. \* **BASIC LIFEGUARD TRAINING** : can be obtained from the following organizations that provide training for lifeguards. American Red Cross, YMCA, and Ellis and Associates.

2. \* **FIRST AID** : can be obtained from the following organizations that provide First Aid training. American Red Cross, American Heart Association, Ellis and Associates, American Safety and Health Institute, and National Safety Council.

3. \* **CPR**: can be obtained from the following organizations that provide CPR training. American Red Cross, American Heart Association, Ellis and Associates, American Safety and Health Institute, National Safety Council.

\* For other organizations not listed above that provide Lifeguard, First Aid and CPR training programs, contact the Louisville Metro Health Department, Division of Environmental Health and Protection to determine if the training is an approved training program. 502-574-6650.

4. **GUARD COURSE**: can be obtained only through the Louisville Metro Health Department, Division of Environmental Health and Protection Lifeguard Program. This course contain 2 parts : a lecture and water test conducted at a local community swimming pool and a written test that is taken at the Louisville Metro Health Department. You must register at 574-6650 for this course.

**Once the above courses are completed:**

- Bring **proof of age** (Driver's License or Birth Certificate), **Lifeguard, First Aid and CPR Cards** to the Division of Environmental Health & Protection at 400 East Gray St., Mon.-Fri.: 8:30 a.m. - 3:30 p.m.  
***Quarters for the parking meter !***
- Fill out Lifeguard I application form, show above cards and proof of age for verification.  
**Xerox copies of cards or letters showing completion of the above courses are not acceptable.**
- Successfully complete and **pass the Lifeguard I written test.**
- Upon payment of **\$20.00** in the form of cash, or check payable to: **Louisville Metro Government**, you will be issued a **Lifeguard I** permit that expires the following October 1st.
- Duplicate permits will cost **\$5.00**
- For lifeguard I **renewal** in the following year, the applicant **must renew any expired certificates, retake the Division Guard Course** (lecture/water test) **and written test.**

**Important message for all Lifeguard I applicants**

*The permit you receive from the Division of Environmental Health and Protection is valid only when the Basic Lifeguarding, First Aid and CPR certification remain current.*

## Who to Contact for Lifeguard Certification

| <u>Course</u>  | <u>Course Providers</u>  | <u>Course Title</u><br><u>Certification Period</u>   |
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| <p><b><u>Basic Lifeguarding Course</u></b><br/>All applicants must have current certification in a basic lifeguarding course before taking the Division's Guard Course (water test &amp; lecture)</p> <p><b>Online courses<br/>NOT RECOGNIZED<br/>for basic training.</b></p>                                      | <p><b>American Red Cross (ARC)</b><br/><a href="http://www.redcross.org/">www.redcross.org/</a><br/>502-589-4450</p> <p><b>Jewish Community Center</b><br/>502-459-0660</p> <p><b>Lakeside Swim Club</b><br/>502-454-4585</p> <p><b>Metro Parks</b><br/><a href="http://www.loukymetro.org/Department/MetroParks">www.loukymetro.org/Department/MetroParks</a><br/>502-897-9949</p> <p><b>YMCA'S of Louisville</b><br/><a href="http://www.ymca.net/index.jsp">www.ymca.net/index.jsp</a><br/>1-800-872-9622<br/>Downtown: 502-587-6700<br/>Northeast: 502-425-1271<br/>Southeast: 502-491-9622<br/>Southwest: 502-933-9622</p> <p><b>Six Flags Kentucky Kingdom</b><br/><a href="http://www.sixflags.com/parks/kentuckykingdom/">www.sixflags.com/parks/kentuckykingdom/</a><br/>502-366-7508</p> | <p><b>ARC Lifeguard Training</b><br/>3 years</p> <p><b>ARC Lifeguard Training</b><br/>3 years</p> <p><b>ARC Lifeguard Training</b><br/>3 years</p> <p><b>ARC Lifeguard Training</b><br/>3 years</p> <p><b>YMCA on the Guard</b><br/>2 years</p> <p><b>Ellis &amp; Associates<br/>Special Facilities Lifeguard</b><br/>1 year</p> |
| <p><b><u>First Aid Course</u></b></p> <p><b>Online courses<br/>NOT RECOGNIZED<br/>for basic training.</b></p>  | <p><b>*See above list for ARC providers.</b></p> <p><b>Other providers :</b><br/><b>American Heart Association</b><br/><a href="http://www.americanheart.org/">www.americanheart.org/</a><br/>1 - 877 - 242 – 4277</p> <p><b>American Safety &amp; Health Institute</b><br/><a href="http://www.ashinstitute.org/index.htm">www.ashinstitute.org/index.htm</a><br/>1-800-256-5101</p> <p><b>National Safety Council</b><br/><a href="http://www.nsc.org/training/">www.nsc.org/training/</a><br/>1-630-285-1121</p>  | <p><b>ARC First Aid</b><br/>3 years</p> <p><b>Heartsaver First Aid</b><br/>2 years</p> <p><b>Basic First Aid</b><br/>Up to 3 years</p> <p><b>First Aid</b><br/>3 years</p>   |
| <p><b><u>CPR Course</u></b><br/>Must be a professional rescuer CPR</p> <p><b>Online courses<br/>NOT RECOGNIZED<br/>for basic training.</b></p>   | <p><b>American Red Cross</b><br/>*See above list for ARC providers.</p> <p><b>American Heart Association</b><br/><a href="http://www.americanheart.org/">www.americanheart.org/</a></p> <p><b>American Safety &amp; Health Institute</b><br/><a href="http://www.ashinstitute.org/index.htm">www.ashinstitute.org/index.htm</a></p> <p><b>National Safety Council</b><br/><a href="http://www.nsc.org/training/">www.nsc.org/training/</a></p>   | <p><b>CPR/AED for the Professional Rescuer</b><br/>1 year</p> <p><b>CPR for Healthcare Providers (BLS)</b><br/>2 years</p> <p><b>CPR for Professionals</b><br/>Up to 2 years</p> <p><b>Professional Rescuer CPR</b><br/>Up to 2 years</p>  |
| <p><b><u>Guard Course</u></b><br/>* Current certification in basic lifeguarding is required before taking this course.<br/><b>The Guard Course consists of a lecture/water test and a written test that must be taken every year !</b><br/>The written test is given at the Louisville Metro Health Department</p> | <p><b>Louisville Metro Health Department<br/>Division of Environmental Health<br/>and Protection</b></p> <p><b><i>You must register for this course !</i></b><br/>502-574-6650</p>   | <p><b>Guard Course</b><br/>valid October 1<sup>st</sup> – September 30<sup>th</sup></p> <p><b>You must take the Guard course every year to obtain a Lifeguard I permit.</b></p>  |